



rosecrance  
life's waiting®

## ADOLESCENTS

# Packing for Treatment

## Clothing

### WHAT CAN YOU BRING

- Clothing for one week only
- Seasonal items (coat, hat, gloves)
- Exercise clothing and gym shoes
- Pajamas, slippers, shower shoes

### WHAT NOT TO BRING

- Clothing or items that are revealing or reflect drug use or profanity, including band shirts
- Transparent clothing
- Ripped or torn clothing
- Client identifying clothing (clothing with last name)

## Hygiene Products

### WHAT CAN YOU BRING

- Curling iron/blow dryer/straightener
- Body wash/soap
- Shampoo, conditioner, shaving cream
- Toothpaste, toothbrush (no electric toothbrushes), alcohol-free mouthwash
- Deodorant (non-aerosol)
- Makeup (without mirrors)
- Hairspray (non-aerosol), hair gel
- Comb/brush
- Nail clippers, tweezers
- Feminine hygiene products (if applicable)
- Contacts/glasses, contact case/contact solution

### WHAT NOT TO BRING

- Any product containing alcohol or ether
- Perfume, cologne, body spray
- Razors (disposable or electric)
- Aerosol sprays, mousse, mouthwash with alcohol
- Nail polish, nail polish remover
- Laundry detergent

## Miscellaneous Items

### WHAT CAN YOU BRING

- Stud earrings
- Hard candy (individually wrapped only, no suckers)
- Stamps/envelopes
- School books/assignments
- School-issued tablet or laptop
- Recovery related books

### WHAT NOT TO BRING

- Tobacco and tobacco products, lighters, matches, vape pens
- Push, straight, or safety pins
- Toxic markers, gel pens, pencils, chalk, paint
- Dice
- Electronic devices that have internet, telephone, or photographic capabilities, excluding laptop for school purposes

[See reverse side for more information](#)

## Miscellaneous Items (Cont.)

WHAT CAN YOU BRING	WHAT NOT TO BRING
<ul style="list-style-type: none"> <li>• Journals (no spiral notebooks)</li> <li>• Pillows/twin-size bedding material (optional)</li> <li>• Non-toxic markers, water color paints</li> <li>• Immunization records (if available)</li> <li>• Proof of income</li> <li>• Current insurance card</li> <li>• Prescription drug card</li> <li>• Client social security number</li> <li>• Recent records from previous treatment/hospitalizations</li> </ul>	<ul style="list-style-type: none"> <li>• Suckers, gum, chewable candy</li> <li>• Alarm clocks</li> <li>• Tie blankets, bed linens, or pillows with holes</li> <li>• Weapons of any kind</li> <li>• Homemade food</li> <li>• Helium balloons</li> <li>• Money—clients are not allowed to have money in their possession during their stay</li> <li>• Razors—Rosecrance supplies disposable razors. Any razor, including electric razors, brought from home will be returned to the family immediately.</li> <li>• MP3 players</li> </ul>

## Medications

General medications are supplied by nursing staff. Prescribed medications should be given to staff upon admission. **If you are unsure if something is allowable or not, please contact Rosecrance prior to bringing the item to treatment.**

WHAT CAN YOU BRING	WHAT NOT TO BRING
<ul style="list-style-type: none"> <li>• Please bring a 30-day supply of all prescribed medications in the original labeled container. If a 30-day supply is not available, you must have 10 days of medication and refills listed on the bottle or a valid prescription for refills (to allow sufficient time to get the medication refilled).</li> <li>• If medications are samples, they must have a pharmacy label, script, or letter from the prescribing doctor listing the name, dosage and frequency of medications.</li> <li>• Because we do not have a pharmacy on site, please bring filled prescriptions, rather than scripts, at the time of admission.</li> <li>• If an inhaler has been prescribed, it must be bought in upon admission. If the inhaler does not have the prescription label on it (or you do not have the box with the prescription label on it), you must have an order from the prescribing physician regarding the dosage.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Nicotine Patches</b>—The Medical Director approves the use of nicotine patches only if there has been steady cigarette smoking or other nicotine use in the days prior to admission to RGW. The patches need to be started within the first day of admission. Rosecrance's pharmacy will supply nicotine patches, if needed. Please see nicotine patches FAQs sheet.</li> <li>• Nicotine gum is not allowed.</li> </ul>

### Note:

- All items will be searched and are subject for staff approval. All items not approved by staff will be locked in storage and unavailable to clients during treatment. These items will be returned upon discharge.
- All belongings must be removed from Rosecrance property within one week of discharge. Rosecrance will not be responsible for shipping charges for forgotten items.