Core Components: Intensive Co-Occurring Treatment Program

- Comprehensive diagnostic assessment
- Individualized treatment plans
- Detoxification services and medical stabilization
- Residential services
- Specialty trauma track
- Partial hospitalization
- Family program
- Aftercare program
- Life skills groups
- Relapse prevention
- 12 Step groups
- Spirituality
- Emergency consultation services
- Free and confidential assessments
- 24-hour crisis line

Location
Rosecrance Harrison Campus
3815 Harrison Avenue
Rockford IL 61108

To learn more about Rosecrance and view our facilities, visit rosecrance.org

For more information, call 815.391.1000 or 888.928.5278

Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. More than 16,000 children, teens, adults and families receive help each year.
Intensive Co-Occurring Treatment Program

Rosecrance has created a 14-bed inpatient unit at the Adult Treatment Center to serve individuals with co-occurring substance use and mental health disorders.

This inpatient unit offers priority access to veterans of the U.S. armed forces and a program track designed for individuals suffering from post-traumatic stress disorder (PTSD) combined with substance abuse issues.

Harrison Adult Campus

The Harrison campus is a modern 97-bed facility offering a full continuum of inpatient and outpatient care serving approximately 5,000 families each year. The campus offers a health center with beds for detoxification, a fitness center, newly renovated residential spaces and 15 acres of parklike grounds.

Clients Served

Clients on this unit will receive treatment tailored to individuals with higher acuity co-occurring disorders. The unit will assist male patients, 18 and over, specifically veterans, suffering from co-occurring disorders. Female veterans will receive services to meet their gender-specific needs in the women's program.

Clinical staff, which includes veterans, have had training in co-occurring disorders and veterans' issues.

Curriculum

Rosecrance will use the evidence-based Co-Occurring Disorders Program (CDP, 2008), which is designed from the Integrated Dual Disorders Treatment (IDDT) model.

Seeking Safety

SAMHSA recognizes Seeking Safety (Najavits, 2002) as evidence-based. Seeking Safety has been widely used to treat both PTSD and substance abuse. Additionally, Multiple Channel Exposure Therapy (Falsetti, et al., 1995) is used to treat PTSD/Panic symptoms.

Screening and Assessment Tools

- Biopsychosocial assessments to identify co-occurring disorders
- Evaluation to identify and clarify other medical concerns, including traumatic brain injury
- Modified PTSD Symptom Scale (MPSS) screening tool
- Columbia Severity Suicide Rating Scale

Integrated Combined Therapies

- Motivational Enhancement Therapy (MET)
- Cognitive-Behavioral Therapy (CBT)
- Twelve Step Facilitation (TSF)
- Medication Management
- Motivational Interviewing
- Family Program

Additional Services

- Physician services are available to all clients.
- Enhanced psychiatric services
- Group and individual counseling
- Case management services for veterans
- Experiential therapies, including art, recreation, yoga and meditation

Co-occurring disorder clients on this unit will be able to participate in group sessions and relax in the dayroom.