



UNDERSTANDING THE DDCAT INDEX

Dual Diagnosis Capability

The DCCAT (Dual Diagnosis Capability in Addiction Treatment Index) is a fidelity instrument for measuring alcohol and other drug treatment program services for persons with co-occurring disorders.

The aim of the index is to build the capacity of alcohol and other drug treatment services to better identify and respond to people with drug and alcohol problems and mental illness. The DCCAT measures 35 program elements that are subdivided into seven dimensions. Service capacities are separated into three levels:

- **AODTS** (Alcohol and Other Drug Treatment Only) - Services that are only focused on clients with alcohol and drug issues.
- **DDC** (Dual Diagnosis Capable) Capable of providing some individuals with co-occurring alcohol and other drug related and mental health disorders but has greater capacity to serve individuals with alcohol and drug related disorders.
- **DDE** (Dual Diagnosis Enhanced) Capable of providing services to any individual with co-occurring alcohol and other drug related and mental health disorders, and the program can address both types of disorders fully and equally.

A primary substance abuse treatment facility that is *substantially* equipped to accept dual diagnosis patients would strive to reach the DDC level, while a DDE is reserved for those programs seeking to admit patients with acute mental health disorders.

Rosecrance is rated as dual diagnosis capable (DDC)

Rosecrance Adolescent Services were reviewed in March, 2008 and received the following comments from the inspection team:

- Has no barriers to providing mental health services to adolescents
- Staff psychiatrists have a significant clinical and administrative role in the program and are well integrated into the treatment team
- The majority of staff members are licensed mental health providers
- Screening and assessment measures include questions regarding mental health history and diagnosis
- Mental health information is routinely recorded in charts and used for the referral to psychiatric services as necessary
- Staff members make every effort to individualize treatment to meet each adolescent's needs
- Has a relationship with local health care agencies to provide services when warranted
- At discharge ... linkages are made to psychiatric and mental health practitioners
- Psychiatric staff addresses the medication needs of adolescents by providing services until the adolescent's next scheduled appointment

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