



## ADOLESCENT AND ADULT

# Alumni Services

At Rosecrance, we understand the challenges of early and lifelong recovery. Support from non-using friends and access to sober activities are important on the recovery road. We designed Rosecrance Alumni Services to assist you on your journey.

### Highlights

- Free recovery support groups in Rockford and the Chicago area
- Fun sober events, such as retreats, picnics, sports events and social outings
- Alumni newsletter and alumni web pages
- Interaction with other alumni on Twitter and Facebook pages
- Opportunity to be a part of a Speakers Bureau where you can share your experience, strength and hope with others

### Recovery Support Groups locations

#### Rockford

- **Adolescents:** 2nd Wednesday of the month at the Griffin Williamson Campus, 1601 University Drive, from 5:00-6:00 p.m. in the Community Room
- **Adults:** 4th Wednesday of the month at Harrison Campus, 3815 Harrison Avenue, from 6:00-7:00 p.m. in the Community Room

#### Frankfort

- **Adolescents:** 1st and 3rd Wednesdays of the month at Frankfort United Methodist Church, 215 Linden Drive, from 5:00-6:00 p.m.
- **Adults:** 1st and 3rd Wednesdays of the month at Frankfort United Methodist Church, 215 Linden Drive, from 6:00-7:00 p.m.

#### Naperville

- **Adolescents:** 2nd and 4th Thursdays of the month at Grace United Methodist Church, 300 E. Gartner Road, from 5:00-6:00 p.m. in Room #231
- **Adults:** 2nd and 4th Thursdays of the month at Grace United Methodist Church, 300 E. Gartner Road, from 6:00-7:00 p.m. in Room #231

### Criteria for participation

- Be in active recovery
- Sign consent for participating in alumni services form (on-line or paper format)
- Complete Rosecrance alumni survey (on-line or paper format)
- Fill out Speakers Bureau form (optional)

For more information contact David Sutor, Alumni Coordinator at [sutord@rosecrance.net](mailto:sutord@rosecrance.net) or 815.985.9433.