

## Schedule of adult family support services

### Family Visits

For families attending the family education weekend:

Saturdays afternoon, 2:30 p.m. - 4:30 p.m.

(for families visiting female patients)

Sundays afternoon, 2:30 p.m. - 4:30 p.m.

(for families visiting male patients)

Normal visiting times (for those not attending family education weekend):

Saturday afternoons, 3:00 p.m. - 4:30 p.m.

(for families visiting female patients)

Sunday afternoons, 3:00 p.m. - 4:30 p.m.

(for families visiting male patients)

### Individual Family Sessions

Scheduled on an individual basis.

### Family Education Weekend Multi-Sessions

Saturdays, 9:00 a.m. to 2:30 p.m.

Sundays, 9:00 a.m. to 2:30 p.m.

### Program location

Harrison Campus  
3815 Harrison Avenue  
Rockford, IL 61108

To learn more about Rosecrance and view our facilities, visit

[www.rosecrance.org](http://www.rosecrance.org)

For more information, call

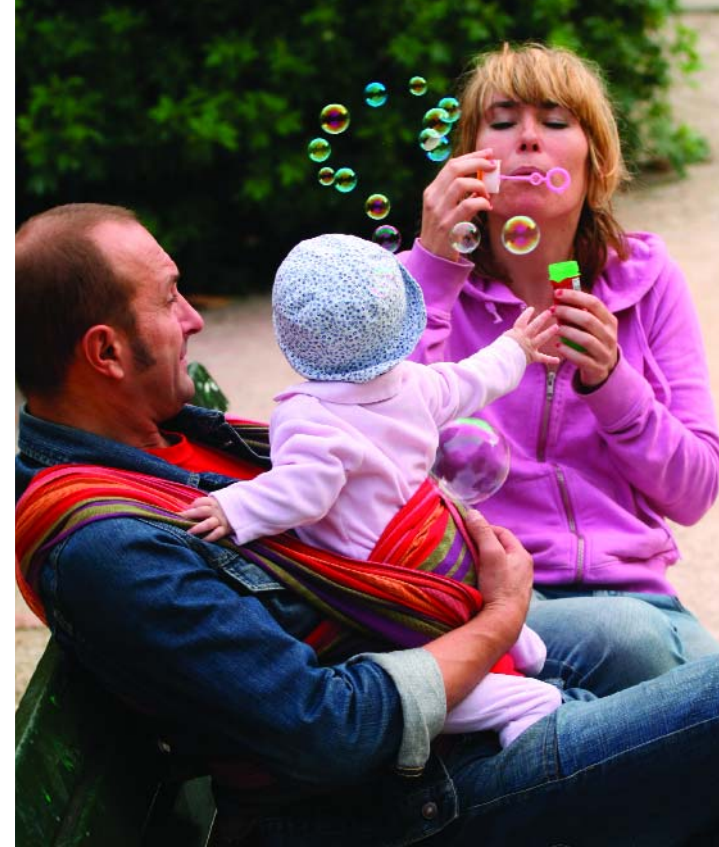
**815.391.1000** or

**888.9 AT LAST**

Pictures of individuals in this brochure are for illustration purposes only. These pictures portray models and are not actual clients of Rosecrance. No inference should be made, or is implied, that individuals are connected in any way to Rosecrance or to its affiliates or programs.

**life's waiting**

03/10 mf



## Adult Family Support Services

Rosecrance can help your family cope with your loved one's addiction

Harrison Campus



**rosecrance**  
life's waiting

# Family Support Services

## Families need and deserve help

Rosecrance Family Support Services help members of the family learn about the disease of addiction in a comprehensive manner. Everyone has been affected and everyone can benefit by participating in the various services offered.

Our family programs are designed to provide you with answers to your questions—not only how to cope with your loved one’s addiction, but also ways to cope with how the experience has affected you.

## Family programs for adult services

### Family Support Groups

These on-going support groups help families understand they are not alone in their desire to recover from the disease of addiction. Insight is gained by being with other families who are undergoing similar experiences. Families come together to learn from each other.

### Individual Family Sessions

Family sessions are scheduled on an individual basis and generally involve the patient, the addictions counselor and those individuals that the patient chooses to involve. The Family Program Coordinator is also available to conduct individual sessions with families.

### Family Education Weekends

Weekend programs are designed to provide comprehensive education regarding the disease of addiction and the process of recovery for the entire family.



## Frequently asked questions

### Q: When is Family Education scheduled?

A: This is a multi-session program with different content each session. Sessions are scheduled from 9:00 a.m. until 2:30 p.m. on Saturdays and Sundays. Participation in Session I prior to the other sessions is encouraged, but not mandatory. We apologize, but we cannot permit entrance to the program after 11:00 a.m.

### Q: What if I can't make both days?

A: Come when you can. Although we encourage you to attend as many sessions as you can, we are fully aware this isn't always possible. It's also perfectly acceptable to attend one day one week (any session) and another session another week.

### Q: Is participation in family support services mandatory?

A: Participation is strongly recommended. Studies have shown that the more the family is involved in the treatment process, the more positive the outcome for the patient and family.

### Q: Is there a fee for any family services?

A: No, there is no additional cost for any of the services. If you choose to have lunch with the patient during family education there is a \$5.00 cost for lunch.

### Q: Who should attend/participate in family services?

A: Family support services are recommended for all family members, significant others and loved ones. Participation of children 10 years of age and older is encouraged.

### Q: I currently do not have a loved one in treatment, can I still attend?

A: Even if you do not currently have a loved one in treatment, you are welcome to attend the sessions. If your loved one has been discharged, you are also welcome to continue attending.

### Q: How do I prevent my loved one from relapsing?

A: Rosecrance will guide you through the process of understanding your role in supporting your loved one's recovery through the services we provide.