



HEALTH CENTER

Packing for Treatment

What to bring to treatment

- Socks
- Under garments
- T-Shirts
- Long sleeve t-shirts
- Jacket
- Sweater
- PJ/sweat pants (under scrubs only)
- Toothbrush/paste
- Shampoo/conditioner (can not contain alcohol)
- Family picture (not in frame)
- Slippers
- Deodorant
- Nicotine products (cigarettes, chewing tobacco) to be used on the patio only
- Simple jewelry (rings, earrings, necklace, etc.)

What not to bring to treatment

- Make up
- Razors
- Clippers
- CD's/Players
- DVD's
- Ipods/MP3's
- Books
- Hoodies
- Lighters
- Outside food/drinks
- Excessive jewelry
- Linens/towels
- Pager
- Electronic devices that have internet, telephone or photographic capabilities (examples include, but not limited to iPads, Ipod Touch, cell phones, Nintendo DS and Sony PSP)