



## ADOLESCENTS

# Packing for Treatment

### What to bring to treatment

- Clothing for one week only
- Seasonal items (coat, hat, swimsuit)
- Exercise clothing and athletic shoes that tie
- Pajamas, robe, slippers/shower shoes
- Curling iron/blow dryer\*
- Shampoo, conditioner, shaving cream
- Body wash/soap
- Toothpaste and toothbrush (no mouthwash)
- Deodorant (non-aerosol)
- Makeup
- Hairspray (non-aerosol)/hair gel
- Comb/brush
- Nail clippers, tweezers
- Stud earrings (for ears only)
- Plastic hangers
- Feminine hygiene products (if applicable)
- Pillows/bedding material (optional)
- Hard candy (individually wrapped ONLY, no suckers)
- Stamps
- Immunization records
- Medication, 30 day supply of prescription of original bottle or doctor's prescription (Prescriptions cannot be filled the first day of admission)\*\*

\*The Rosecrance Environmental Services inspects and approves all electrical items.

\*\*If dosage has changed from what is written on the container, please request that your physician supply you with a written prescription. Orders may also be faxed to 815.387.2590.

### What not to bring to treatment

- Clothing or items reflecting drug, seductive, music or tough images
- Any product containing alcohol/ether
- Helium balloons
- Tobacco and tobacco products, lighters/matches
- Drugs—other than those approved by a Rosecrance affiliated physician
- Perfume, cologne, body sprays
- Razors—disposable or electric
- Aerosol sprays, mousse, mouthwash
- Nail polish, nail remover
- Markers, ink pens
- Push, straight or safety pins
- Dice
- Radio/cassette/CD players or headphones
- Suckers
- Chewable candy and gum
- Electronic devices that have internet, telephone or photographic capabilities (examples include, but not limited to iPads, Ipod Touch, cell phones, Nintendo DS and Sony PSP)
- Non-treatment related reading material (magazines, novels, etc.)
- Alarm clocks
- Jewelry for any body piercing other than ears
- Weapons of any kind
- Homemade food
- Laundry detergent

General medications are supplied by nursing staff. Prescribed medications should be given to staff upon admission. If you are unsure if something is allowable or not, please contact Rosecrance prior to bringing the item to treatment.

### Miscellaneous

- **Immunization records**
- **Money:** Patients are not allowed to have money in their possession during their stay.
- **Laundry:** Laundry facilities are made available. There is a one time non-refundable fee of \$10.00, due at the time of admission. Laundry detergent is provided. Other laundry products are not allowed.
- **Razors:** Rosecrance supplies disposable razors. Any razor, including electric razors, brought from home will be returned to the family immediately.
- **Nicotine Patches:** The Medical Director approves the use of nicotine patches only if there has been steady cigarette smoking or other nicotine use in the days prior to admission to RGW. The patches need to be started within the first day of admission. The following are the only patches that are

approved (as the patient is to have 14 mg. patches for 1 week and 7 mg. patches for the second week—then they are discontinued):

Nicotine patches 14 mg. - 7 to a box

Nicotine patches 7 mg. - 7 to a box

- Do not purchase boxes with 14 to a box as the patches can not be cut in half.
- There is no specific brand of patch that is recommended.
- **Nicotine Gum is not allowed** (Patients may have wrapped hard candy).
- There are stores within the vicinity, where the patches may be purchased—Wal-Mart, Target, Walgreen's and Logli's pharmacy are all located off of State St., (approximate cost \$15 -per box).

*Note: All belongings must be removed from Rosecrance property within one week of discharge. Rosecrance will not be responsible for shipping charges for forgotten items.*