



SUBSTANCE ABUSE

Adult Signs & Symptoms

Physical/Emotional

- Displays persistent feelings of sadness, anger and guilt
- Rationalizes drinking
- Neglects eating/malnourished
- Shows signs of physical deterioration
- Develops an increased tolerance to substances
- Experiences blackouts

Family/Home

- Avoids family/friends
- Devalues personal relationships
- Experiences general family chaos
- Fails to keep promises and resolutions
- Avoids discussion about usage of drugs/alcohol

Employment

- Misses excessive time from work and commitments
- Develops work and money problems
- Drinks/uses drugs at work
- Quits or loses job
- Loses ambition and is unable to cope with responsibility

Behavioral

- Changes personal habits such as sleeping, eating and hygiene
- Becomes more passive, withdrawn or irritable
- Exhibits grandiose and aggressive behavior
- Threatens/attempts to commit suicide
- Drives under the influence

Social

- Changes friends/social groups
- Uses to feel comfortable in social situations
- Experiences disapproval of drinking/using from others
- Preoccupied with using alcohol and/or other drugs
- Increased social isolation
- Loss of outside interests
- Loss of relationships

Financial

- Limited income
- Financial ruin
- Loss of possessions
- Extensive credit card debts

Legal

- Alcohol or other drug related charges/arrests
- Legal problems associated with drug use
- Probation or parole involvement

If you are concerned about a change in a person close to you, it is important to know that these signs and symptoms need not occur all at the same time, in any certain order or with any great frequency for you to take action on your concern.

CALL

815.391.1000 or
888.9 AT LAST

Free Assessments

Insurance/Medicaid approved

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