

Core Components: Intensive Co-Occurring Treatment Program

- Comprehensive diagnostic assessment
- Individualized treatment plans
- Detoxification services and medical stabilization
- Residential services
- Specialty trauma track
- Partial hospitalization
- Intensive outpatient program
- Family program
- Aftercare program
- Life skills groups
- Relapse prevention
- 12 Step groups
- Spirituality
- Emergency consultation services
- Free and confidential assessments
- 24-hour crisis line

Rosecrance is a private not-for-profit organization offering a full continuum of behavioral health services for adolescents, adults and families. Rosecrance offers addiction treatment through inpatient programs in Rockford and outpatient services in Rockford and five satellite offices in the Chicago area. In addition, Rosecrance offers mental health treatment services through its affiliates, Janet Wattles Center, Mildred Berry Center and Aspen Counseling and Consulting. Rosecrance and its affiliates serve more than 12,000 families each year.

Location

3815 Harrison Avenue
Rockford Il, 61107

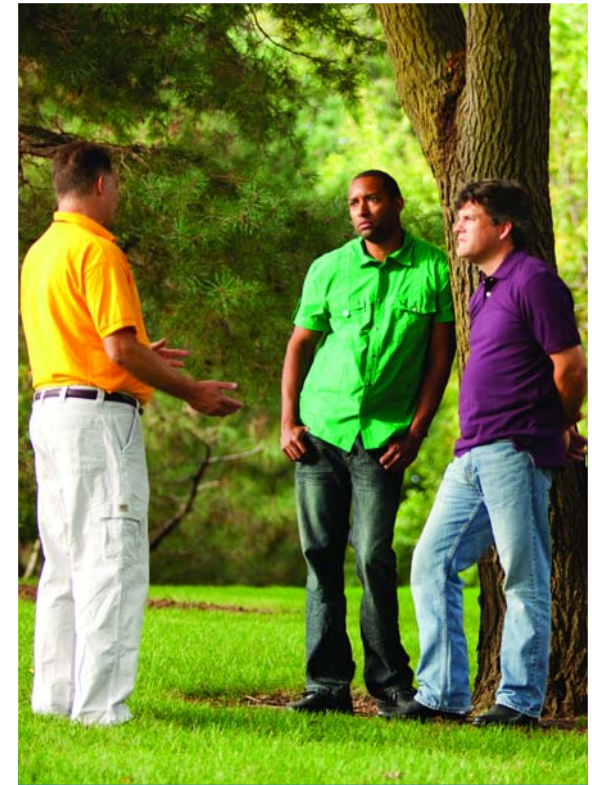
To learn more about
Rosecrance and view
our facilities, visit
rosecrance.org

For more information, call
815.391.1000 or
888.9 AT LAST (toll-free)
(28.5278)

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Intensive Co-Occurring Treatment Program

Integrated Dual Disorder
Treatment (IDDT) for clients with
higher acuity behavioral disorders



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Intensive Co-occurring Treatment Program

Rosecrance has created a 14-bed inpatient unit at the Adult Treatment Center to serve individuals with co-occurring substance use and mental health disorders.

This inpatient unit will offer priority access to veterans of the U.S. armed forces and a program track designed for individuals suffering from post-traumatic stress disorder (PTSD) combined with substance abuse issues.

Harrison Adult Campus

The Harrison campus is a modern 97-bed facility offering a full continuum of inpatient and outpatient care serving almost 4,500 families each year. The campus offers a health center with 24 beds for detoxification, fitness center, newly renovated residential spaces and 15 acres of parklike grounds.

Patients Served

Patients on this unit will receive treatment tailored to individuals with higher acuity co-occurring disorders. The new unit will assist male and female patients, 18 and over, specifically veterans, suffering from co-occurring disorders.

Clinical staff, which includes veterans, have had training in co-occurring disorders and veterans' issues.

Curriculum

Rosecrance will use the evidence-based Co-Occurring Disorders Program (CDP, 2008), which is designed from the Integrated Dual Disorders Treatment (IDDT) model.

Seeking Safety

SAMHSA recognizes Seeking Safety (Najavits, 2002) as evidence-based. Seeking Safety has been widely used to treat veterans with PTSD.

Screening and Assessment Tools

- Protocol-driven screening methods to include patients' symptoms, history and motivation
- Biopsychosocial assessments to identify co-occurring disorders
- Evaluation to identify and clarify other medical concerns, including traumatic brain injury
- Additional assessment components include: Beck Depression Inventory; ASIQ (measure for suicidality); Buss-Perry Aggression Questionnaire; McMaster Family Assessment Device; Fagerstrom Test for Nicotine Dependence; self-report for PTSD

Integrated Combined Therapies

- Motivational Enhancement Therapy (MET)
- Cognitive-Behavioral Therapy (CBT)
- Twelve Step Facilitation (TSF)
- Medication Management
- Family Program

Additional Services

- Physician services are available to all patients. Rosecrance will coordinate with Traumatic Brain Injury specialists for patients to receive continuing medical care for the assessment and treatment of TBI and other medical conditions, as needed.
- Enhanced psychiatric services
- Group and individual counseling
- Case management services for veterans
- Higher staff to patient ratio
- Experiential therapies, including art, recreation, yoga and meditation



Co-occurring disorder patients on this unit will be able to participate in groups sessions and relax in the dayroom.