

If you are interested in the Alumni Adult Support Group or if you have any questions, please contact David Sutor, Alumni Coordinator at 815.985.9433.

To learn more about Rosecrance, visit our website at www.rosecrance.org.

PROGRAMS ARE HELD AT
Grace United Methodist Church
300 E. Gartner Road
Naperville, IL

Frankfort United Methodist Church
215 Linden Drive
Frankfort, IL

1.888.9AT.LAST
www.rosecrance.org

Rosecrance Alumni Adult Support Group Chicago and suburbs

Providing support for
lasting recovery

life's waiting

07/09 ds



rosecrance
life's waiting

What is the Purpose of this Support Group?

The Rosecrance Alumni Adult Support Group assists recovering adults in maintaining sobriety.

The temptation to return to drugs and or alcohol use is greatly reduced when a recovering adult has support and can talk with fellow adults who have completed treatment and who seek to sustain a lasting recovery. This group is designed to provide recovery support for adults who might be struggling with issues at work, at home or in their social network that may lead to relapse.

The group is facilitated by Rosecrance staff but is not a treatment session or a therapy group. It does not replace attendance at an AA/NA meeting but is intended to support the person in achieving lasting recovery.

WHAT ARE THE REQUIREMENTS TO PARTICIPATE IN THE SUPPORT GROUP?

To participate in the group, you must:

- Be in recovery
- Be age 18 or older
- Be involved in a 12-step group
- Sign a consent form to participate (provided upon entering the program)

IS THERE A FEE FOR PARTICIPATING IN THE SUPPORT GROUP?

Rosecrance offers this recovery support group at no charge. Recovering adults are invited to attend as long as they adhere to the rules. This is a closed meeting, which means that only a person in recovery can attend.

WHEN AND WHERE DOES THE GROUP MEET?

The Rosecrance Alumni Adult Support Group has two chapters, one in Naperville and the other in Frankfort. The Naperville group meets every 2nd and 4th Thursday of the month from 6:00 - 7:00 pm in Room 231 at Grace United Methodist Church, 300 E. Gartner Road. The Frankfort group meets every 1st and 3rd Wednesday of the month from 6:00 - 7:00 p.m. in the library at Frankfort United Methodist Church, 215 Linden Drive.

WHERE CAN I FIND MORE INFORMATION ON EVENTS?

The Rosecrance alumni webpage provides you with information on upcoming alumni sponsored and 12-step program events, as well as other news and resources. Visit us at www.rosecrance.org/alumni/index.asp.

WHO IS THE FACILITATOR OF THE RECOVERY SUPPORT GROUP?

The Alumni Support Group is facilitated by David Sutor, MHS, CADC. David is the Alumni Coordinator at Rosecrance and is responsible for developing relationships with both alumni and their families, coordinating programs and activities and identifying alumni for volunteer programs.

Mr. Sutor has over 17 years of experience working with adult and adolescent addiction treatment programs. His areas of expertise include marketing, clinical supervision, and drug education. Mr. Sutor previously held the position of Clinical Coordinator of Adolescent Chemical Dependency Programs and Market Liaison for Provena Saint Joseph Medical Center in Joliet, IL. He holds a Master's of Health Science in Addictions Studies from Governors State University.

For the best opportunity for lasting recovery, regular attendance is recommended.
